

Quiz Yourself: Chapter 16

Choices can be used more than once or not at all

1-5. Matching

- | | | |
|----------------|--|-----------------|
| A) QRS waves | represents atrial depolarization | 1) <u> D </u> |
| B) PR interval | represents ventricular repolarization | 2) <u> E </u> |
| C) QT interval | represents ventricular depolarization | 3) <u> A </u> |
| D) P wave | corresponds to time of atrial contraction | 4) <u> B </u> |
| E) T wave | corresponds to time of ventricular contraction | 5) <u> C </u> |

6-10. Matching

- | | | |
|----------------------------|--|------------------|
| A) Ventricular contraction | blood is pulled into the ventricles | 6) <u> B </u> |
| B) Ventricular relaxation | blood is pushed out of the ventricles | 7) <u> A </u> |
| | blood is pulled out of the atria and veins | 8) <u> B </u> |
| | semilunar valves close and AV valves open | 9) <u> B </u> |
| | AV valves close and semilunar valves open | 10) <u> A </u> |

11-15. Place in order the events responsible for the cycling of pacemaker cells.

- | | |
|---|------------------|
| A) Ca^{2+} "T" channels open upon entry of Na^+ ; "F" channels close | 11) <u> D </u> |
| B) Ca^{2+} "L" channels open (for about 150 msec) upon entry of Ca^{2+} | 12) <u> A </u> |
| C) K^+ delayed rectifier channels open after a delay upon entry of Ca^{2+} | 13) <u> B </u> |
| D) "F" channels are opened by voltage moving toward hyperpolarization | 14) <u> C </u> |
| E) Ca^{2+} "L" channels close and K^+ delayed rectifier channels close slowly | 15) <u> E </u> |

16-20. Matching (stimulus: reflex response)

- | | | |
|--|---------------------------------|------------------|
| A) When carotid sinus pressure decreases | heart rate increases | 16) <u> A </u> |
| B) When carotid sinus pressure increases | heart rate decreases | 17) <u> B </u> |
| | blood vessels constrict | 18) <u> A </u> |
| | baroreceptor activity increases | 19) <u> B </u> |
| | baroreceptor activity decreases | 20) <u> A </u> |

Fill in

- The SA node has an intrinsic rate of about 80-100 action potentials / minute.
- Epinephrine activates β -1 receptors in the heart and causes rate to increase .
- Acetylcholine activates Muscarinic M_2 , G-protein coupled receptors in the heart and causes heart rate to decrease .
- Stroke volume (SV) equals EDV - ESV .
- Low arterial pressure will cause a reflex increase in heart rate.

Study Questions

- Explain the inter-relationships among cardiac output, heart rate, end diastolic volume (EDV), and end systolic volume (ESV). Include a description of what affects EDV and ESV.
- Explain the causal relationship between the electrical activity of the ECG and systolic and diastolic blood flow.
- Explain the significance of ions, especially K^+ and Ca^{2+} , and various membrane channels, in the production of normal pacemaker rhythms and cardiac pumping.
- Explain the role of the sympathetic nervous system and various hormones in the control of heart rate and force of contraction. Include the role of baroreceptor reflexes

Quiz Yourself: Chapter 17

Choices can be used more than once or not at all

1-5. Matching (pick the nearest match)

- A) 95 mmHg
- B) 40 mmHg
- C) 32 mmHg
- D) 12 mmHg
- E) 5 mmHg

- Vena cava pressure 1) E
- Mean aortic pressure 2) A
- Pre-capillary pressure 3) C
- Post-capillary pressure 4) D
- Mean Ventricular pressure 5) B

6-10. Matching

- A) MAP = 116.66
- B) MAP = 97.50
- C) MAP = 93.33
- D) MAP = 80.00
- E) MAP = 76.66

- BP = 90/70 6) E
- BP = 120/80 7) C
- BP = 140/70 8) C
- BP = 110/85 9) C
- BP = 150/100 10) A

11-15. Matching

- A) Causes vasoconstriction
- B) Causes vasodilation
- C) None of the above

- Adenosine and nitric oxide 11) B
- Vasopressin acting on V1a receptors 12) A
- Angiotensin II acting on AT-1 receptors 13) A
- Epinephrine acting on beta-2 receptors 14) B
- Norepinephrine acting on alpha-1 receptors 15) A

16-20. Matching (TPR \approx VR; MAP \approx MAP-CVP)

- A) Total peripheral resistance (TPR)
- B) Mean arterial pressure (MAP)
- C) Cardiac Output (CO)
- D) None of the above

- CO/TPR 16) D
- COxTPR 17) B
- MAP/CO 18) A
- MAP/TPR 19) C
- MAPxTPR 20) D

Fill in

21. Blood flow equals pressure in minus pressure out, divided by vascular resistance.

22. As blood vessels get smaller the resistance of those vessels gets greater.

23. Norepinephrine leads to vasoconstriction due to activation of alpha-1 receptors.

24. CO x TPR = MAP.

25. Carotid sinus baroreceptors respond to changes in arterial pressure to the head.

Study Questions

1. Explain the role of blood vessel size in determining blood flow and the distribution of blood flow in the body.
2. Explain the role of the sympathetic nervous system and various hormones in the control of vasoconstriction.
3. Explain how the heart and blood vessels work together to influence blood pressure.
4. Explain how and why baroreceptor reflexes control heart rate, cardiac output, and vascular resistance.

Quiz Yourself: Chapter 18a

Choices can be used more than once or not at all

1-5. Matching

- | | | |
|----------------------|--|-----------------|
| A) Blood plasma | contain(s) electrolytes, nutrients, organic wastes | 1) <u> A </u> |
| B) Red blood cells | contain(s) hemoglobin | 2) <u> B </u> |
| C) White blood cells | contain(s) fibrinogen | 3) <u> A </u> |
| | contain(s) albumins | 4) <u> A </u> |
| | contain(s) globulins | 5) <u> A </u> |

6-10. Matching

- | | | |
|----------------|--|------------------|
| A) Basophils | engulf and digest parasites | 6) <u> D </u> |
| B) Monocytes | large cells that restrain pathogens | 7) <u> B </u> |
| C) Neutrophils | are the most common phagocytes | 8) <u> C </u> |
| D) Eosinophils | are subdivided into B, T, and NK cells | 9) <u> E </u> |
| E) Lymphocytes | release histamine that in turn dilates blood vessels | 10) <u> A </u> |

11-15. Matching

- | | | |
|------------------------|--|------------------|
| A) Intracellular fluid | extracellular fluid | 11) <u> D </u> |
| B) Interstitial fluid | is about 3L of fluid | 12) <u> C </u> |
| C) Vascular fluid | is about 11L of fluid | 13) <u> B </u> |
| D) B and C | is about 28L of fluid | 14) <u> A </u> |
| | found mainly in the spaces of connective tissues | 15) <u> B </u> |

16-20. Place in order the events leading to blood clotting.

- | | | |
|--|--------|------------------|
| A) Blood vessels are damaged | first | 16) <u> A </u> |
| B) Fibrinogen converted to fibrin | second | 17) <u> E </u> |
| C) Prothrombin activator is formed | third | 18) <u> C </u> |
| D) Prothrombin converted to thrombin | fourth | 19) <u> D </u> |
| E) Platelets are activated and/or tissues factors are formed | fifth | 20) <u> B </u> |

Fill in

21. As capillary blood pressure increases, fluid movement into the interstitial space increases.
22. Increased capillary osmotic pressure enhances capillary absorption (fluid movement).
23. Thrombiin converts fibrinogen to fibrin.
24. Fibrinolysis involves cleaving of plasminogen to plasmin and the dissolving of clots.
25. Blood type O+ typically has antibodies to the AB protein (s).

Study Questions

1. Explain the importance of blood plasma to the functions of blood.
2. Explain the inter-relationship between vascular fluid, interstitial fluid, and intracellular fluid. Include the role of capillary absorption and filtration.
3. Explain the process of hemostasis after tissue injury.
4. Explain the significance of Rh incompatibility, especially during pregnancy.